

nourish

WELLNESS BAR

SIGNATURE COCKTAILS

GIN BLOSSOM | 15

empress gin, maraschino liqueur, elemental spirits bitters, lavender,

A TOUCH OF JOY SANGRIA | 15

tahoe blue vodka, cointreau, juices, bonanno cabernet wine, prosecco

FRANKLY BOURBON | 15

frey ranch bourbon, organic apple vodka, bitters, warming spices

COLLAGEN GLOW COOLER | 15

grapefruit hibiscus tequila, collagen elixir, bitters, pomegranate, mixed berries

SMOKEY SCOTCH | 16

glenmorangie scotch, vermouth, maple bacon syrup, chicory pecan bitters

CUCUMBER CENTR'D MARTINI | 15

cucumber vodka, cbd soda, basil bitters, rosemary honey syrup

SNOW CAPPED MOJITO | 15

aged rum, elderflower liqueur, cognac liqueur, mint, lime, cream of coconut

GOLD FASHIONED | 15

frey ranch bourbon, luxardo maraschino liqueur, cannella cinnamon cordial

WANDERER | 12

watermelon kombucha, vodka, lemon

MIMOSA ME | 12

orange, pomegranate, hibiscus, aperol

WINE

BUBBLY | 10 / 30

Bocelli Prosecco
Italy

BELLINI | 10 / 30

Wilson Creek Sparkling Peach
Temecula, CA

WHITE | 10 / 35

Hedges Sauvignon Blanc
Columbia Valley, WA

CHARDONNAY | 14 / 40

Talley Chardonnay, "Estate"
Arroyo Grande, CA

ROSÉ | 10 / 35

Fossil Point, Grenache Rose
Edna Valley, CA

PINOT NOIR | 14 / 40

Soter Pinot Noir "Planet Oregon",
Willamette, OR

CABERNET

SAUVIGNON | 15 / 45

BonAnno Cabernet, Sauvignon
Napa, CA

RED BLEND | 10 / 35

Crystal Basin Cellars
"About Town Deb", El Dorado, CA

SMOOTHIES

CHA CHA CHAI | 10

banana, dates, almond milk,
almond butter, skinny chai, vanilla

ESPRESSO YOURSELF | 10

banana, dates, espresso, oat milk,
vanilla, coconut milk, cold brew

BLACK FOREST | 10

cherries, banana, cacao nibs, oat milk

WILDBERRY BANANA | 10

wild berry, blueberries, banana, oat milk

TROPICAL GREEN | 10

pineapple, mango, coconut, spinach

ESPRESSO

SPIKED SPICED COFFEE | 10

espresso, cognac, warm spices syrup,
oat or almond milk

LAVENDER LATTE | 8

espresso, lavender, oat or almond milk

MATCHA OR

CHAI TEA LATTE | 7

matcha or skinny chai - served iced or hot

TURMERIC LATTE | 7

turmeric, adaptogenic shiitake, oat milk

REFRESHERS

SPARKLING SPRITZERS | 6

cherry agua fresca, cucumber lime,
lavender, blood orange

KOMBUCHA | 7

watermelon wonder

ADD VODKA +\$5

BITES + BOXES

FLATBREAD | 8

grilled flatbread, hummus, tzatziki

MEDITERRANEAN SALAD | 12

spinach greens, cucumber, olives,
feta, garbanzo beans, tabouli

PESTO PANINI | 14

turkey, sundried tomatoes,
smoked gouda, grilled sourdough

CHARCUTERIE BOX | 30

gourmet meats, olives, cheese, almonds,
fruit, crackers

HUMMUS/ VEGGIE BOX | 20

hummus, carrots, celery, garlic flatbread,
fruit, almonds

S'MORES DELIGHT | 9

warm s'mores brownie cake, browned
marshmallow, chocolate sauce